

Ahoy, Money! Webinar

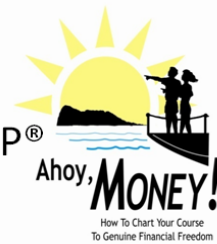
Webinar Session 6

Chapter 5-

The Captain and His/Her Ship

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Worksheet page 58

1

Welcome to the Ahoy Money Bonus Webinar session # 6. This session we'll be reviewing Worksheet 5 – “Transforming Money from Foe to Friend”.

I recommend that in order to gain the most from this session, you read Chapter 5 – “The Captain and His/Her Ship” prior to listening to the video.

Webinar Session 6

Chapter 5

Worksheet 5 – “Transforming Money from Foe to Friend”

- Budget Option 1 – Single Intention Savings
Budget if:
 - You have enough extra cash flow to keep it simple.
 - Or, you will do ‘whatever it takes’ to save enough to capture your company’s retirement match.
 - Use Worksheet 4, Step 5 to calculate how much to save.
 - Make the necessary changes in your paycheck to reduce tax withholdings and increase your retirement deferrals.



Worksheet pages 58-59

2

By now you may have recovered from the initial shock of seeing a budget as the most critical financial tool in crossing this Sea of Money!

I state on page 58 of your Worksheet packet that “a simple budget can still be your best friend in your quest to bridge the gap we all have between our intentions and our actual behaviors.”

We all intend to save rather than spend.

We all intend to provide well for our families.

We all intend to be generous and kind, even in difficult circumstances.... But our actual behaviors don’t always align with our intentions.

This session we’ll learn how to use the simplest budgeting tool possible to align your intention with your actual behavior when it comes to achieving a financial goal.

I’m assuming that goal is to actually save enough to retire – the result of the Worksheet 4 process from last chapter or line p of page 55.

Budget Option 1 assumes you have enough cash flow to save that amount immediately. Use the chart on worksheet page 59 to implement your single-intention savings budget.

Budget done – that wasn’t so bad, was it?

Budget Option 2 – Conscious Spending Reduction Budget

- Use this budgeting approach if:
 - You don't have the extra cash flow to save the money Worksheet 4 says you need to save.
 - You know where you could reduce spending without a detailed analysis.
- To implement this approach:
 - Open a savings account to receive your spending reductions.
 - Contribute to your retirement account once you are clear how much you can afford.



Worksheet page 60

3

The next budgeting option is outlined on Worksheet page 60.

Notice who this 2nd budget works best for:
Those of us who know where we overspend.
And

Those who are then willing to reduce that spending in order to meet their savings goal.

Either use envelopes for the money you save or, better yet – open up an interest –bearing account and deposit your thwarted spending money!
Note the caution on page 60 if you have credit card balances – move to Budget Option 3 if you have unpaid credit card balances.

Budget Option 3- “Cash Only Envelopes”

- Use this budgeting method if:
 - You have high credit card balances.
 - You prefer manual vs. computer financial management.
- Implement this method by:
 - Changing most recurring payments to automatic debit.
 - Calculate your historical spending.
 - Use envelopes to manage spending.
 - Refusing to use make new credit card charges.



Worksheet page 61-62

4

Pages 61-62 of your worksheet packet describe Budget Option 3.

This budgeting method involves calculation of the money available for non-fixed expenses and allocating that between the categories of spending in cash-envelopes.

This system prevents additional credit card spending (these cards are destroyed) and requires one to stop spending in a category when the money is gone.

This may seem extremely harsh, but it may be the only system that halts the greater violence of bondage to debt and destructive spending habits.

Budget Option 4- Detailed Budget Using Quicken®

- Use Budget Option 4 if:
 - You prefer computerized financial management.
 - You have uneven cash flows.
 - You accept that detailed financial attentiveness is preferable to estimates.
 - You are ready to take the time to patiently learn a new system and resist dangerous short-cuts.



Worksheet page 63-64

5

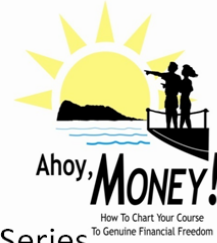
Pages 63-64 of the Worksheets outline the process involved in setting up a computerized budget.

I recommend using 1 of the first 3 budgeting methods unless you make a commitment to seriously install and master a financial management program such as Quicken or MS Money.

A computerized budget is much more accurate and timely than the other budgeting methods – but it takes discipline to learn and keep current.

The TEN WEEKS Webinar Series

- If you:
 - Want a new day-to-day relationship with money.
 - Feel overwhelmed about how to actually change.
 - Need the journey broken down into small steps that can be completed in 45 min-1 ½ hrs. whenever you have time to do the work.
 - Accomplish more in a structured environment of accountability and support.
- Then:
 - Consider using the TEN WEEKS Webinar Series.



Worksheet page 64

6

This slide expands on the TEN WEEKS Webinar Series mentioned on Worksheet page 64.

If you have found this Webinar series helpful in your actual completion of the Ahoy Money Worksheets, you may want to consider the TEN WEEKS Webinars.

It's easy to feel overwhelmed by something like setting up Quicken and getting its budget to actually work. Watching a video that tells you exactly how to accomplish this – in short segments – makes such an intention feasible.

More on the TEN WEEKS Webinar Series

- Entire TEN WEEKS Program Divided into 3 Phases:
 - Phase 1 – ***Building a New Financial House: The Foundation***
 - Weeks 1-3 of the TEN WEEKS Program
 - Goals Clarification;
 - Document Organization;
 - Quicken® Setup with Downloads & Budget
 - Quicken® Planner Setup and 1st Scenario
 - 40% of overall Program in Phase 1
 - Approximate time required: 30-40 hours



Worksheet page 64

7

This slide explains Phase One of the Webinars.

Just imagine – all your documents organized – your financial transactions automatically being downloaded into your computer every day – a budget that reflects exactly where you are with your intentional spending targets – every day – and a computerized financial planning tool that allows you to test various financial choices within a few minutes time!

All 3 Phases of the Webinar Series cost less than \$500 - less than what you would pay for less than 3 hours with a typical fee-only financial advisor!

TEN WEEKS Webinar Series – Phase 2

- ***Building a New Financial House – The Structure***

- Weeks 4 – 7 of TEN WEEKS Program

- Work
- Debt Management
- Investing
- Insurance

- Estimated Time Required: 20-30 hours.



Worksheet page 64

8

Phase Two picks up where Phase one leaves off.
(I recommend taking a few weeks off between phases to reward your daily work and practice what you've learned)

Phase two empowers you to

-Look below the surface at your relationship to work and what various work scenarios would look like – even self employment possibilities.

-Structure a plan to manage your debts and look at your relationship to debt. Use Quicken to structure a credit card payoff plan.

-- Learn how to invest your money; diversify your portfolio ; analyze a mutual fund; rebalance your portfolio; test various risk-return assumptions on your planning.

-- Evaluate your insurance needs and purchase the best coverage at the lowest cost.

-All in less than 30 hrs – an hr a day for 1 month!

TEN WEEKS Webinar Series – Phase 3

- ***Building a New Financial House – Live Where You Belong***

- Weeks 8- 10 of the TEN WEEKS Program

- Tax Planning
- Retirement Planning
- Estate Planning
- Plan Monitoring and Updates

- Estimated Time: 20-30 hours



Worksheet page 64

9

Finally, Phase 3:

Learn how to do your own tax planning and send less money to Uncle Sam.

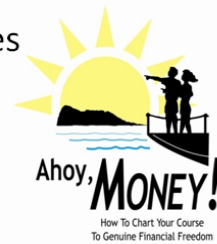
- Start enjoying “genuine retirement” now, rather than sometime in the future that involves the sacrifice of you enjoying your life’s journey. Find out how by using the scenario tool to look at your options.

- Get all your estate planning in order – find out what you can do and what you need an attorney for.

- For 30 hours – 1 month at 1 hr. a day – of your investment!!

TEN WEEKS Webinar Series

- Suggested Timetable
 - Complete “Ahoy, Money!” and all Worksheets
 - Sign up for the Webinar Series at www.tenweeks.com
 - Take a 2 week break between Phases



Worksheet page 64

10

This slide recommends the process that keeps these Webinars coming to take you through the TEN WEEKS course and mastery of your money.

Just remember – you can complete them on your own timeframe – because they are available to your 24/7.

What's critically important in using this Program isn't just that you'll save thousands of dollars from hiring a planner to do this work for you – it's that you will finally be free with money – it will be your servant – at last!

You and Your Ship



Worksheet page 64

11

I'll never forget the emotional reaction Capn Micke had with his ship Karisma.

Finally we see what money really can do!
She can help us traverse territory we would never have survived.

Take a moment and look at the money balance and contentment chart. Look at the ways this ship of money helps us remember who we really are!

And now we have a true friend, who gently nudges us back to living in alignment with our intentions – a budget that warns us before it's too late – before we mindlessly fall into old patterns that equate to floundering in the open sea – losing our authentic life.

Nurture this friendship with this Ship of Transformation – your budget.

I'll visit with you again in Webinar Session 7. Please read Chapter 6 - "Claiming Your Shore".

I sense that land is in sight – see you soon!