

Ahoy, Money! Webinar

Webinar Session 7

Chapter 6-

Claiming Your Shore

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Worksheet page 1

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Welcome to the Ahoy Money Bonus Webinar, Session 7.

This session we'll preview Worksheet 6 – “Money Serving the Real You”. You'll gain the most from this short video if you have already read Chapter 6 – “Claiming Your Shore”.

LAND- AT LAST!



Worksheet page 65

2

Chapter 6 describes our mixed emotions in sighting land – euphoric relief as well as heart-wrenching panic!

All those days on the open sea, doubting that you were on course and would ever reach solid land again!

Now, to finally sight your shore - only to see no friendly bay, no signs of human life! What in the world have you left the comforts of your prior life for after all?

Worksheet 6 – “Money Serving the Real You” tackles head-on the snares that can easily prevent us from actually Claiming the new shore of our Authentic Life.

Let’s take a closer look at what a few of those might be.

Webinar Session 7
Chapter 6
Worksheet 6 – “Money Serving the Real You.”

- Gain practice “watching” our common human reactions:
 - Productivity
 - Judgment
 - Self-Judgment
 - Craving
 - Denial
 - Blame
 - Fear
 - Narcissism



Worksheet page 65-68

3

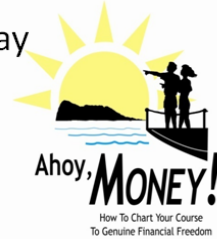
Worksheet page 65 reminds us that we, as human beings, have an ability to “watch” our reactions – to consciously step back and notice what we are doing.

Step 1 of the worksheet asks you to notice how a few of these common snares might have hooked you recently.

Try and drop any negativity and self deprecation in this process – as soon as you come down hard on yourself you have simply shifted into another dimension of ego or your false self – just gently comment about what you notice.

Snares and Money

- Question 2 of Worksheet 6 on page 66 asks you to notice how these snares work their way into your financial life.
 - Remember, the reason we've traversed this Sea of Money is to transform the way we relate to money – so it helps set us free from our old “small island” that we left behind.



Worksheet page

4

This slide remind us that the biggest benefit of making this new voyage is finally being able to see the way that money can assist us in noticing when we're “hooked”!

What's the point of breaking free from the prison of our old life, to find that we are still imprisoned by old attitudes and inner stories?

Genuine financial freedom starts within and manifests itself in our exterior world naturally and easily.

Snares Revealing the Real You

- Question 3 on page 67 asks you to identify your true nature, as you see honestly face these common snares.
 - And further still – the way that you see money involved in that expression.



Worksheet page

5

One example refers to narcissism and how it good it feels to share vs. hoard.

Think back to how you felt when you completed Worksheet 4 and finally knew where you stood with your retirement savings need – contrast that to the snare of Denial!

Take a few minutes to explore some practical ways money is surfacing as your ally in overcoming these snares.

Snares Transformed by Your Budget!

- Worksheet 6 – question 4 – page 68.
- Translating our awareness into action through financial decisions.
 - Black and white feedback giving us the reminder and accountability we all need.
 - We either see our actual choices match our intentions, or we accept our stated intentions aren't what we truly want – at least for now.



Worksheet page

6

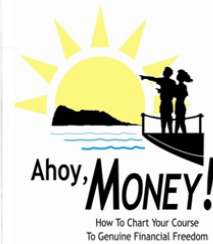
Finally, we are practicing loving honesty with ourselves.

Real freedom begins with real honesty.

Maybe we see we aren't sharing our money – at least we can notice that and foster some curiosity about it. This is more helpful than pretending we're generous when we are.

The “Real You” is this Watcher – this part of you that is unattached to ‘good’, ‘bad’, ‘pain’, ‘pleasure’, ‘praise’, ‘blame’... It helps you to see and accept ‘What is’ and be in the present moment with it.

Claiming Your Shore!



Worksheet page 68

7

The chapter 6 sketch reminds us we are still on our Ship on the waters of this Sea of Money when we first sight the land of our Authentic Life.

Money allowed us the distance from this shore to finally see it. We had to have a way to step back from our life in order to see if for what it really is.

Even when we step off this ship, we still have it to return to – our financial budget, the Money Balance and Contentment Chart reminding us of the 8 aspects of our life, Worksheet 4 that allows us to re-evaluate a multitude of financial options which will surface – all tangible expressions of the benefits of an ongoing mastery of money to serve our Authentic Life.

Congratulations on coming to this Shore - we'll meet one more time in Webinar Session 8 after you've completed Worksheet 6 and read Chapter 7 – "Continuing Your Voyage".

Go explore this new shore with money as your faithful companion!